

Body rituals

NORTH MAN RITUAL

The Power of Nature, the Power of Renewal - discover Nordic harmony and regeneration. The ritual has been created for the modern man who craves a moment of relaxation and regeneration. This deeply relaxing ritual harnesses the power of Scandinavian ingredients in the cosmetics to provide intense hydration, soothing and nourishment to the skin.

Salt scrub with North Sea minerals - cleanses the skin, removes dead skin cells and prepares the body for the next stages of the ritual.

Full body relaxation oil massage - relieves muscle tension, improves micro-circulation and envelops the skin with a subtle, masculine aroma of the forest and a woody composition with citrus and spice notes. It is expressive and fresh, but also deep and sensual, leaving the skin moisturised, regenerated, smooth and supple after use.

Treatment duration: 110 min

Price: 400 zł

CEZAR'S RITUAL

Massage cosmetics from the Tytan line are aimed at men. The scent and the selection of active ingredients take care of the regeneration of male skin. Vegetable oils from: sesame seed, grape seed, sweet almond and rapeseed easily nourish and maintain the skin's moisture level for a long time. The massage improves circulation and relieves muscle tension.

The mineral titanium dioxide contained in the cosmetics naturally provides strong sun protection, but also stabilises the effect of the valuable ingredients contained in the vegetable oils. It influences their better absorption.

The aroma of the products, based on earth and wood notes, is wonderfully relaxing and contributes to the well-being of every man. It influences self-confidence and vitality.

Price: 350 zł

THE QUEEN OF EGYPT RITUAL

The treatment begins with a sugar scrub, which thoroughly cleanses the skin and removes dead skin. The next stage is a body butter that deeply moisturises, strengthening the water and lipid barrier (Shea butter, avocado oil and milk proteins). It intensively smoothes, reduces dryness and protects the skin from external factors. The ritual is completed with a massage with GREYFRUTE oil, which has a positive effect on the skin.

Effects of the treatment:

- The skin is soft, smooth and full of comfort. It regains its radiance and glow.
- Moisturised and softened skin, increased comfort and elasticity.
- The feeling of tension disappears, the body is relaxed and regains softness.
- Thanks to its stimulating properties, it provides a feeling of lightness.

Price: 350 zł

RED WINE RITUAL

Luxurious Skin Regeneration and Youth - immerse yourself in sensual care inspired by the power of vinotherapy! An exclusive body treatment based on cosmetics that harness the antioxidant properties of red grape extract. The scent of red wine is a deep, sensual composition that combines the sweet and slightly acidic notes of grapes with warm, fruity accords. Thanks to its wealth of polyphenols, vitamins and minerals, your skin will regain its radiance, elasticity and youthful smoothness.

A scrub and oil with this fragrance is the perfect combination to provide comprehensive care while seducing with an aroma full of depth and elegance.

Wine scrub with grape seed particles - gently exfoliates dead skin, smooths and the scrub particles are gentle enough not to irritate the skin, but effectively smooth it and prepare it for further care.

Relaxing full-body massage with grape seed oil - relaxes muscle tension, improves circulation and wraps the body in a velvety touch of luxury.

The ritual is recommended for those who want deep regeneration, smoothing and protection against ageing processes. It is the perfect choice for lovers of luxury care and wine-inspired aromatherapy.

Duration: 110 minutes

Price: 400 zł

CHOCOLATE RITUAL

Works on all the senses, providing a unique experience. Recommended for people with problems with excess fat tissue, cellulite changes and body shaping. The effects are visible already after the first treatment. The body circumference is reduced, the burning of fat is accelerated and the firmness and elasticity of the skin is improved. The treatment causes deep relaxation and an improvement in mental state. After washing off the wonderful exclusive chocolate mask, a relaxing massage is performed on a chocolate-flavoured cosmetic.

Indications for the treatment: excess fat, wellness, signs of premature ageing, stress-related malaise. Effects of treatment: stimulation of microcirculation, reduction of fat tissue, improvement of skin firmness and elasticity, slowing down the ageing process, deep relaxation and improvement of mental state.

Price: 350 zł

OASIS OF TRANQUILLITY

A treatment that not only produces rapid skincare results, but also stimulates the senses and leaves body and soul in harmony.

This treatment uses velvety products and the most primal form of contact - touch. In addition to a journey into a world of relaxation and indulgence, it guarantees the removal of dead skin cells and deep skin care. In addition, valuable substances such as shea butter, macadamia oil and vitis vinifera oil ensure optimum oiling of the skin.

Price: 300 zł

OCEAN BREEZE RITUAL

Touch - the most primal form of contact, mystical pleasure and relaxation for body and mind. The problems and rush of everyday life make us think dreamily about pleasant moments, relaxation and moments of respite. Indulge in a treatment aimed at improving your well-being, calming down and soothing your body. The end result of the treatment is deep relaxation and exceptional body care. The treatment will leave a pleasant smell on the skin, reminiscent of carefree holidays.

Indications for the procedure:

- States of muscle tension
- Tiredness
- A state of chronic stress
- Dry, rough skin
- Earthy skin tone

Effects of the treatment:

- Smooth, velvety skin
- Improved skin hydration and lubrication
- Relax and unwind
- Cell oxygenation
- Improvement of skin blood supply

Duration of the procedure: about 70 minutes

Price: 300 zł

BODY PEELING

The SPA offer includes a salt scrub based on vegetable oils, enriched with natural salts - it allows for deep cleansing of pores. It moisturizes the skin and gently exfoliates it, removing dead skin cells, leaving it smooth and relaxed. It improves the quality and general condition of the skin, increases its elasticity and elasticity. Eliminates toxins and pollutants. The treatment emphasizes the youthful and healthy glow of the skin. Recommendations: for dry, rough skin, for dull skin. Especially advantageous before the holidays. It is perfect after waxing to prevent ingrown hair. Frequency: monthly or as required.

The scrubs we offer can be combined with a steam bath and massage, thanks to which the obtained results are much better, additionally it provides increased sensual experience.

body peeling: 150 zł

body peeling + massage 60 minutes: 360 zł

body peeling + candle massage 45 mins: 340 zł

body peeling + candle massage 60 mins: 380 zł

ANTI-CELLULITE SPA-ABYSS

The Spa-Abyss anti-cellulite program is a modern slimming treatment based on a thermoactive effect. This means that during the treatment we raise the body temperature and the applied active ingredients (e.g. spongilla) penetrate deeply into the skin. The preparations are based on only natural ingredients, which is why they are not only effective, but also completely safe.

The advantage of the treatment is the quickly visible effects, often after the first treatment. It is recommended to perform 4-6 treatments in a series, which can be performed at short intervals every 2-3 days. For this reason, the Thermoactive Anti-Cellulite Treatment is able to reduce cellulite even in 2 weeks. Therefore, it is the best option when we have little time left, e.g. before vacation.

Effects of the treatment:

- reduction of the thickness and density of subcutaneous fat by activating the lipolysis process
- help in smoothing the skin
- reducing the dimensions of problematic body parts
- removal of local swellings
- lymphatic and venous drainage
- activation of local microcirculation
- increase in skin elasticity

Duration: depends on the number of parts performed: from 20 minutes to about 1 hour.

Price:

- *pelicans 130 zł/ in a series 110 zł*
- *belly, sides: 190 zł/ in the series 170 zł*
- *buttocks and thighs 260 zł/ in the series 240 zł*
- *belly, buttocks, thighs 400 zł/ 370 zł in the series*

CHOCOLATE DELIGHT

Chocolate not only tastes wonderful, it is also an excellent cosmetic product for massage. Chocolate masks containing trace elements, vitamins B, E and K refresh and tone the skin. A massage on chocolate products stimulates endorphins - the hormones of happiness, calms the nervous system, stimulates blood circulation, relaxes tense muscles, reduces anxiety, tension and improves mood. A body that releases negative emotions eliminates fatigue.

Massage with chocolate products is indicated even for sensitive skins. The ingredients in these procedures restore the right level of hydration, stimulate cell regeneration which results in better elasticity and a reduction in wrinkles.

The mask contains natural UV filters and exfoliating elements - ground cocoa beans, which gently release the skin from dead skin cells during the massage.

Price: 330 zł

BLACK PERL

Black Pearl are massage products enriched with underwater minerals and precious pearl powder.

The basis of the cosmetics are sesame and sweet almond oils, enriched with pearl ingredients that protect the skin from environmental factors - natural UV filters, valuable unsaturated fatty acids and moisturising ingredients.

Pearl powder is obtained from authentic pearls which, after selection and disinfection, are then crushed and micronised into a fine, fine powder. It is an ingredient with a rich tradition in medicine and skin care, having been used for centuries in Asian countries, mainly China and Japan. Asian women used pearl powder for skin care both externally on the skin and taken internally as a supplement. It was credited with anti-wrinkle, healing, skin tone-enhancing and sun-protective properties.

The Black Pearl treatment moisturises and soothes dehydrated and tired skin and restores skin elasticity.

The pearly glow that is left on the body reflects light which results in the reduction of skin imperfections.

Price: 330 zł

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